

# THE PAW PRINT

Mrs. Stacie Everson, Principal

November 5, 2018 [www.cfisd.net](http://www.cfisd.net)



## PRINCIPAL'S MESSAGE

Happy November! We have officially completed the first nine weeks of the 2018-19 school year. Your child's first nine-week report card should be in their backpack today. We are super proud of how hard our students have been working and look forward to building on their success throughout the remainder of the school year.

We have a busy and exciting November ahead of us. Our Fall Book Fair will be the week of November 12 - 16, with a family night sponsored by our PTO on November 12. In addition, our annual Thanksgiving Feast will take place on Wednesday, November 14 and Thursday, November 15. Be sure to take a look at the attached schedule to see when your child's feast is scheduled. On Friday, November 16, Birkes would like to honor our volunteers with our Fall VIPS Appreciation event. Please stop by anytime between 9:00-3:00 for some sweet treats and shopping. We look forward to seeing you!

Looking ahead: Be sure to mark your calendar for the holiday parties, coming up on Friday, December 21. Our parties will be split by grade levels to help with limited parking and crowd control. Siblings who attend Birkes will not be allowed to attend their sibling's holiday party. The times of the parties are as follows:  
9:30-10:15 – PPCD, PK, K, 1<sup>st</sup>, 2<sup>nd</sup>  
10:45-11:30 – 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>

Thank you for sharing your child with us each day. We love our Birkes Bulldog Family!

## THANKS, PTO!

Thanks to our awesome PTO for the delicious "Wicked Chocolate Delights" Candy Bar for our staff last week. We enjoyed every sweet treat they had for us. Thanks to all of our parents who donated for this event, and to **Tamiko Bennett** and **Stacey Watson-Fitzaerald** for organizing. We loved every bite!



**Thanksgiving Holidays**  
**November 19 - 23**  
**Please mark your**  
**calendar!**

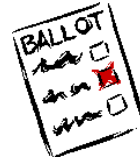


## ELECTION DAY

**November 6, 2018**

**Parents, we need your help!**

**NO VISITORS ON NOV. 6!**



Birkes has been designated as a polling place for the General Elections on Tuesday, November 6. Please do not plan on visiting or eating lunch at school on Election Day. We would appreciate your help in choosing another day to visit our school. Due to tightened security, we are trying to keep visitation to a minimum.

Due to bottlenecks with voter traffic and parking we suggest that you let your child ride the bus to and from school on Election Day. Any change in afternoon transportation needs to be in writing.

The voting will be taking place in our library and voters will enter through the library entrance on the south side of the building. **Pct. 862 will vote at Birkes.**

Thanks for your help and understanding.

## **Pumpkin Spice and Everything Nice**



**Volunteers, we are thankful for you!**

**Please join us Friday, November 16<sup>th</sup>**  
**Fall Volunteer Appreciation Day**  
**9:00 am – 3:00 pm**  
**Birkes Elementary**  
**Technology Lab**

**Come shop for yourself and the holidays!**

## PICTURE RETAKES

Individual picture retakes will be Wednesday, Nov. 28. **You must return your student's packet to have retakes done.**



## CHARACTER TRAIT

Our Character Trait for November is "Cooperation."



# FOOD DRIVE



November 26 – December 7

Birkes Student Council will be collecting the following items for donation to our community. Each grade level is assigned a specific item to bring, but if you do not have this particular item, please feel free to send whatever is convenient.

Kdg.	canned goods (fruits & vegetables )
1 <sup>st</sup> grade	dry goods (rice, pasta, stuffing )
2 <sup>nd</sup> grade	peanut butter & jelly
3 <sup>rd</sup> grade	paper goods (toilet tissue, paper towels, facial tissue, napkins)
4 <sup>th</sup> grade	canned soup
5 <sup>th</sup> grade	cereal

**No glass containers, please!**

Often, the donated items will go to help children in our own school. All donations are welcome and greatly appreciated!

Thank you,  
Birkes Student Council

# BOOK FAIR

November 12 – 16

## Teacher Wish Lists at the Book Fair!

The Fall Book Fair will be the week of November 12 – 16. We will have Teacher Wish List boards on display. If you would like to purchase a book that your child's teacher has specifically asked for, check out the Wish List boards located at the entrance to the Library. You will take a wish list slip, go find the requested book, pay for it and you can deliver it to the teacher whenever you like. Teachers and students love adding new books to their classroom library! We look forward to seeing you at the Book Fair!



## BOOK FAIR FAMILY NIGHT

### MARK YOUR CALENDAR!

Book Fair Family Night is **Monday, November 12**  
from **4:30 – 8:00 p.m.**

### PLEASE REMEMBER TO:

- Label your child's coat, jacket, backpack and lunch kit with his/her first and last name,
- Keep all emergency information & contact information pertaining to your student updated,
- Be sure your student gets to school on time each day (school starts at 8:45am),
- Changes in after school transportation must be received before 3:00pm.



## KIDS HEART CHALLENGE

Mark your calendar! Kids Heart Challenge will be Wednesday, November 28 for red and blue PE groups and Thursday, November 29 for green and yellow PE groups. See attached sheet for more information. All money collected will be due by Friday, November 30.



### HOW TO ACCESS OUR NEWSLETTER AND CALENDAR

Parents, you can access our newsletters, PTO newsletters, calendars and flyers by going to:

- [www.cfisd.net](http://www.cfisd.net)
- Click Schools & Facilities
- Click Elementary Schools
- Click Birkes website
- School News at top right
- Click Newsletters or calendar



### MARK YOUR CALENDAR

Nov. 5	Texas Roadhouse Roll/Peanut Fundraiser forms & money is due
Nov. 16 9:00 – 3:00	Fall Volunteer Appreciation Day
Nov. 14 & 15	Thanksgiving Feast
Nov. 19 - 23	Student Holidays
Nov. 19 - 21	Texas Roadhouse Roll Fundraiser pick up at Texas Roadhouse on FM 1960 and 290
Nov. 26 – Dec. 7	Food Drive
Nov. 28	Kids Heart Challenge - red & blue PE groups
Nov. 29	Kids Heart Challenge – green & yellow PE groups
Nov. 30	Kids Heart Challenge – all online payments are due, please do not send money to school.
Dec. 13 - 14	Holiday Market open during lunches
Dec. 7 6:30 p.m.	Celebrate the Season at Cy-Ridge High School
Dec. 12	Urban Air Spirit Night
Dec. 18 6:30 p.m.	5 <sup>th</sup> Grade Choir Performance
Dec. 20	Chick-fil-A Spirit Night
Dec. 21	<b>Holiday parties</b> 9:30 – 10:15 - PPCD, Pre-K, K, 1 <sup>st</sup> & 2 <sup>nd</sup> 10:45 – 11:30 - 3 <sup>rd</sup> , 4 <sup>th</sup> & 5 <sup>th</sup>
Dec. 21	Lost & Found to local charity
Dec. 24 – Jan. 4	Winter Holidays

**We are thankful for  
our Birkes families!**

### Celebrate the Season

Family and friends are cordially invited to attend the annual holiday celebration of the Northwest Harris County Cooperative for the Deaf and Hard of Hearing. Students from Matzke Elementary, Birkes Elementary, Spillane Middle, and Cy-Ridge High School will perform a variety of interpretations of the season's tales and traditions. Sign language interpreters will be provided. There will even be a Silent Auction and visit from a "signing" Santa.

**WHEN:** Friday, December 7, 2018  
6:30-8:00 p.m.

**WHERE:** Cypress Ridge High School Auditorium (East End/Right Side)  
7900 N. Eldridge Pkwy  
Houston, TX 77041

# Thanksgiving Lunch

When: (See Lunch Schedule below)

Where: Cafeteria

Wednesday, November 14

$\frac{1}{2}$  grade level Lunch Schedule

Thursday, November 15

$\frac{1}{2}$  grade level Lunch Schedule

## Thanksgiving Feast Schedule 2018-2019





	GRADE	LUNCH	TIME
Wednesday, Nov. 14	a.m. Pre K & Kdg.	Holmes Murphy Toval Newitt	10:55-11:25
Thursday, Nov. 15	PPCD, & Kdg.	Beaty Olsen Ramirez Dang Smith	10:55-11:25
Wednesday, Nov. 14	1 <sup>st</sup>	Di Angelo Willborn Arnold Delany	11:25 – 11:55
Thursday, Nov. 15	1 <sup>st</sup>	Read Bailey Razo Speer	11:25 – 11:55
Wednesday, Nov. 14	2 <sup>nd</sup>	Walker Findlay Crowson Perkins	11:55 – 12:25
Thursday, Nov. 15	2 <sup>nd</sup>	Clarke Boutwell Gerstle Ruiz	11:55 – 12:25
Wednesday, Nov. 14	5 <sup>th</sup>	Niles Kopecky Hughes Hunter Dunn	12:25 – 12:55
Thursday, Nov. 15	5 <sup>th</sup>	Berger Beishir Formas Bartels	12:25 – 12:55
Wednesday, Nov. 14	p.m. Pre K & 4 <sup>th</sup>	Holmes Doolittle Sullivan Kiprotich Pettit	12:55 – 1:25
Thursday, Nov. 15	4 <sup>th</sup>	Hankins Curington Partin van Wunnik Fitzgerald	12:55 – 1:25
Wednesday, Nov. 14	3 <sup>rd</sup>	Garcia Ashy Ellington Domino	1:25 – 1:55
Thursday, Nov. 15	3 <sup>rd</sup>	Adams Sprott Courcier Solanick	1:25 – 1:55

When the class is not having their feast, they will eat in the classroom!

# Birkes Elementary



# 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Birkes Elem. 8500 Queenston Houston, TX 77095 Ph. #281-345-3300 Fax #281-345-3305</p>	<p>School Hours: 8:45 – 4:00 We open our front doors at 8:25. If you drop your child off before 8:25, there is no supervision.</p>	<p><u>Lunch Schedule</u> Kdg. 10:55-11:25 1<sup>st</sup> 11:25-11:55 2<sup>nd</sup> 11:55 – 12:25 3<sup>rd</sup> 1:25 – 1:55 4<sup>th</sup> 12:55- 1:25 5<sup>th</sup> 12:25-12:55</p>		<p>1 • " Team Up Against Drugs" wear team attire • 8:00 Choir Practice</p>	<p>2 • "Our School Chooses To Be Drug Free" wear spirit shirt or school colors. • 7:00 Rustic Brush Spirit Night - Huffmeister</p>	<p>3 • 11:00, 3:00 &amp; 7:00 Rustic Brush Spirit Night - Huffmeister across from Cy-Falls High School</p>
<p>4 • Daylight Saving Time ends • 12:00 &amp; 4:00 Rustic Brush Spirit Night - Huffmeister across from Cy-Falls High School • Last day to purchase a spirit shirt</p>	<p>5 • Author, Molly Burnham to visit, thank you PTO! • Report Cards go home • Texas Roadhouse Spirit Night • Texas Roadhouse Rolls sales ends</p>	<p>6  • Voting at Birkes, Pct. 862 • Please choose another day to visit our school. • 7:50 Student Council Mtg. Portable 25A • 50<sup>th</sup> Day of School</p>	<p>7 • 5:00 – 10:00 Outback Steak House Spirit Night</p>	<p>8 </p>	<p>9 • Spirit Shop open during lunches</p>	<p>10</p>
<p><u>Sunday, November 4 at 11:59 p.m.</u> is the last day to purchase a Birkes Spirit Shirt. Please follow the link below to make your purchase.</p> <p><a href="https://birkes1118.itemorder.com/sale">https://birkes1118.itemorder.com/sale</a></p>						
<p>11 <u>Veterans Day</u>  We honor, salute, and thank you!</p>	<p>12 • Book Fair • 4:30 – 8:00 Book Fair Family Night</p>	<p>13 • Book Fair</p>	<p>14 • Book Fair Thanksgiving Feast – see schedule on reserve side</p>	<p>15 • Book Fair Thanksgiving Feast – see schedule on reserve side • 5-8 Chick-fil-Spirit Night – 4<sup>th</sup> to host</p>	<p>16 • Book Fair closes at 12:00 • Colonial Day for 5<sup>th</sup> grade 9:00 – 3:00 VIPS Fall Appreciation</p>	<p>17 </p>
<p>18 </p>	<p>19 • 12:00 – 5:00 p.m. Pick-up Texas Roadhouse Rolls</p>	<p>20 • 10:00 a.m. – 6:00p.m. Texas Pick up Roadhouse Rolls</p>	<p>21 • 10:00 a.m. – 4:00p.m. Texas Pick up Roadhouse Rolls</p>	<p>22 <u>Thanksgiving Day</u></p>	<p>23</p>	<p>24</p>
<p>Student Holidays – Nov. 19 - 23 We are thankful for our Birkes Families!</p>						
<p>25</p>	<p>26 • Student Council Food Drive begins</p>	<p>27 • 8:15 Art Club Mtg. • Student Council Food Drive</p>	<p>28 • Individual Picture Retakes • Student Council Food Drive • Kids Heart Challenge – red and blue PE groups • 4:00 – close Willie's Ice House Spirit Night - Copperfield</p>	<p>29 • Student Council Food Drive • Kids Heart Challenge – green and yellow PE groups</p>	<p>30 • Student Council Food Drive • Kids Heart Challenge – all online payments are due, please do not send money to school.</p>	



**American Heart Association.**

# Get ready for Kids Heart Challenge! ONLINE

**EVENT DATES:**  
11/28 & 11/29



Dear Parent or Guardian,

It's time for the Kids Heart Challenge! This year our event is ONLINE ONLY. Which means you must register online to participate! Don't worry, if someone wants to send you a check instead, they still can, you'll just need to scan a copy of the check in your mobile app. **No checks or cash can be turned in this year to your teachers.**

Did you know that heart disease is the No. 1 killer of all Americans, but 80% of it may be preventable through lifestyle changes? For 40 years, the American Heart Association has been teaching children the importance of heart-healthy habits to provide the necessary foundation for a healthy and successful future. Through this service-learning program, students will participate in cardio-pumping challenges, pledge to improve their own health and build their character, all while raising lifesaving donations to help save and improve lives. Our school can earn money for PE equipment and your child earns fun thank you gifts that encourage him/her to keep up the good work for heart health. And that's something to jump up and down about!

### HERE'S HOW IT WORKS:

- Start by setting up a personal page at [www.heart.org/kidsheartchallenge](http://www.heart.org/kidsheartchallenge)
- Ask family and friends if they'd like to donate. Not sure what to say? There are prewritten email templates in your personal page.

### REMEMBER:

Donate ONLINE or scan your checks through the app! Thank you for your support!



### HOW TO SCAN CHECKS FOR DEPOSIT USING THE MOBILE APP

1. Open the App: Kids Heart Challenge and sign in/sign up
2. Select the icon at the bottom of the screen that looks like a dollar sign "\$"
3. Select Check Deposit
4. Enter check amount
5. Scan the front and back of check

<p><b>FREE! REGISTER ONLINE</b></p> <p><b>HEART HERO WRISTBAND</b></p> <p><small>GLOW IN THE DARK</small></p>	<p><b>\$10 GET IT NOW!</b></p> <p><b>ECHO, FINN &amp; HERO CLASP</b></p> <p><small>Late fee. Not for children under 2 years.</small></p>	
<p><b>\$15 JUMP ROPE</b></p> <p><small>plus lower price level</small></p> <p><small>Should be used for its intended purpose only. Recommended age 5+.</small></p>	<p><b>\$20 OSCAR</b></p> <p><small>plus lower price levels</small></p> <p><small>Late fee. Not for children under 2 years.</small></p>	<p><b>\$35 SPRINKLES</b></p> <p><small>plus lower price levels</small></p> <p><small>Late fee. Not for children under 2 years.</small></p>
<p><b>\$40 GET IT NOW!</b></p> <p><b>RUBY</b></p> <p><small>plus lower price levels</small></p> <p><small>PLUSH</small></p>	<p><b>\$50 HERO T-SHIRT</b></p> <p><small>plus lower price levels</small></p>	<p><b>\$75 BASKETBALL</b></p> <p><small>plus lower price levels</small></p> <p><small>Recommended age 5+.</small></p>
<p><b>\$100 SPLASH</b></p> <p><small>plus lower price levels</small></p> <p><small>Not for children under 2 years.</small></p>	<p><b>\$150 DANCING BALL</b></p> <p><small>plus lower price levels</small></p> <p><small>Check for availability. Recommended age 5+.</small></p>	<p><b>\$200 FIERY</b></p> <p><small>plus lower price levels</small></p> <p><small>Not for children under 2 years.</small></p> <p><small>PLUSH</small></p>
<p><b>\$250 SPRINKLE'S SLIME BALL</b></p> <p><small>plus lower price levels</small></p> <p><small>Check for availability. Recommended age 5+.</small></p>	<p><b>\$500 SPLASH'S RACKET FUN</b></p> <p><small>plus lower price levels</small></p> <p><small>Check for availability. Recommended age 5+.</small></p>	<p><b>\$1,000 WIRELESS HEADPHONES</b></p> <p><small>plus lower price levels</small></p> <p><small>Check for availability. Recommended age 5+.</small></p>



### Use the App for Extra Fun!

- STEP 1: Download the app!
- STEP 2: Scan the Heart Heroes to bring them to life and hear their message!
- STEP 3: Create selfies using the cool photos and video filters!
- STEP 4: Send emails, create an e-card, post to Facebook and more!





# November 2018

## Family Fitness Daily Movement Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1 <u>Catch</u></b> Practice your catching skills by catching a ball thrown to you by someone else.	<b>2 <u>Inchworms</u></b> Keeping your legs straight place your hands on the ground, walk them into pushup position, then walk your legs back to your hands.	<b>3 <u>Jump Rope</u></b> Grab a jump rope and grab a friend. Take turns jumping rope. Jump rope until you miss before passing the rope to your friend.
<b>4 <u>Skill Practice</u></b> Dribble any ball 100 times with your dominant hand. Switch and do another 100 dribbles with your non-dominant hand.	<b>5 <u>Total Body</u></b> 10 squats 10 push-ups 10 walking lunges 10 Jumping jacks Repeat	<b>6 <u>Jog</u></b> Go for a jog at a good steady pace for 15 minutes. Try to do it without stopping, but stop if you need to.	<b>7 <u>Push Ups!</u></b> See how many push-ups you can do. Take a 1 minute break and try again.	<b>8 <u>Locomotor Skills</u></b> Practice your locomotor movements by skipping 10 times, galloping 10 times, and sliding 10 times. Repeat for 15 minutes	<b>9 <u>Raise the Roof!</u></b> Do body squats and lift your arms over your head at the top of your squat. Do them until you are tired!	<b>10 <u>Shadow Boxing</u></b> Without touching anyone, punch down to the ground towards your own shadow.
<b>11 <u>Family Adventure</u></b> Go for a hike with your family today. Try to keep a vigorous pace and work up a sweat.	<b>12 <u>Create</u></b> Create a new game with a friend today using a ball.	<b>13 <u>The Jumping Leprechaun</u></b> Jump as high as you can, attempting to click your heels together underneath you. Repeat for 1 minute.	<b>14 <u>Tape It Front</u></b> Put a piece of tape on the ground and jump back and forth as quick as you can for 30 seconds. Repeat 10 times.	<b>15 <u>Rock, Paper, Scissor Tag</u></b> Meet in the middle, shoot, winner chases the loser back to safe zone. If tagged, join the other team.	<b>16 <u>Bike Ride</u></b> Go for a bike ride for at least 1 hour. Don't have a bike? Go for a walk/jog, or do bicycle crunches.	<b>17 <u>Dance</u></b> Put on your favorite song and make up a dance to it. Teach your dance to someone else. Perform it for an audience.
<b>18</b>  <b>Holiday</b> <b>Get outside and get moving!</b>	<b>19</b>  <b>Holiday</b> <b>Get outside and get moving!</b>	<b>20</b>  <b>Holiday</b> <b>Get outside and get moving!</b>	<b>21</b>  <b>Holiday</b> <b>Get outside and get moving!</b>	<b>22</b>  <b>Holiday</b> <b>Get outside and get moving!</b>	<b>23</b>  <b>Holiday</b> <b>Get outside and get moving!</b>	<b>24</b>  <b>Holiday</b> <b>Get outside and get moving!</b>
<b>25 <u>Jump Rope</u></b> See how many different ways you can jump rope. Can you do each one for 1 minute straight?	<b>26 <u>Jumping Jacks</u></b> Execute jumping jacks for 1 minute without stopping. Take a break for 1 minute. During the break, do as many crunches as you can. Repeat for 15 minutes.	<b>27 <u>Walking</u></b> Go for a walk with a grandparent or adult relative who takes care of you.	<b>28 <u>Hopscotch</u></b> Make a hopscotch court and play with your family.	<b>29 <u>Play</u></b> Grab a few friends and play a few tag games like "Capture the Flag".	<b>30 <u>Run</u></b> See how fast you can run a mile. Have a family member time you.	

**DAILY CHALLENGE: CFISD would like to challenge all families to incorporate more movement into their daily routine for a healthier lifestyle. For each daily activity, try to move consistently without stopping for at least 15 minutes. If you move for 20 minutes, GREAT! If you move for 30 minutes, EVEN BETTER! If you move for 60 minutes, AWESOME!!!**

**So, grab a family member or a friend and GET MOVING TODAY!**